# Part A: Informed Consent, Release Agreement, and Authorization

A

**Full name:** _____

**DOB:** _____

**High-adventure base participants:**
Expedition/crew No.: _____
or staff position: _____

### Informed Consent, Release Agreement, and Authorization

I understand that participation in Scouting activities involves the risk of personal injury, including death, due to the physical, mental, and emotional challenges in the activities offered. Information about those activities may be obtained from the venue, activity coordinators, or your local council. I also understand that participation in these activities is entirely voluntary and requires participants to follow instructions and abide by all applicable rules and the standards of conduct.

In case of an emergency involving me or my child, I understand that efforts will be made to contact the individual listed as the emergency contact person by the medical provider and/or adult leader. In the event that this person cannot be reached, permission is hereby given to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for me or my child. Medical providers are authorized to disclose protected health information to the adult in charge, camp medical staff, camp management, and/or any physician or health-care provider involved in providing medical care to the participant. Protected Health Information/ Confidential Health Information (PHI/CHI) under the Standards for Privacy of Individually Identifiable Health Information, 45 C.F.R. §§160.103, 164.501, etc. seq., as amended from time to time, includes examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant's parents or guardian, and/or determination of the participant's ability to continue in the program activities.

(If applicable) I have carefully considered the risk involved and hereby give my informed consent for my child to participate in all activities offered in the program. I further authorize the sharing of the information on this form with any BSA volunteers or professionals who need to know of medical conditions that may require special consideration in conducting Scouting activities.

**With appreciation of the dangers and risks associated with programs and activities, on my own behalf and/or on behalf of my child, I hereby fully and completely release and waive any and all claims for personal injury, death, or loss that may arise against the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with any program or activity.**

I also hereby assign and grant to the local council and the Boy Scouts of America, as well as their authorized representatives, the right and permission to use and publish the photographs/film/videotapes/electronic representations and/or sound recordings made of me or my child at all Scouting activities, and I hereby release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all liability from such use and publication. I further authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage, and/or distribution of said photographs/film/videotapes/electronic representations and/or sound recordings without limitation at the discretion of the BSA, and I specifically waive any right to any compensation I may have for any of the foregoing.

! **NOTE: Due to the nature of programs and activities, the Boy Scouts of America and local councils cannot continually monitor compliance of program participants or any limitations imposed upon them by parents or medical providers. However, so that leaders can be as familiar as possible with any limitations, list any restrictions imposed on a child participant in connection with programs or activities below.** !

**List participant restrictions, if any:** ☐ **None**

_____

I understand that, if any information I/we have provided is found to be inaccurate, it may limit and/or eliminate the opportunity for participation in any event or activity. If I am participating at Philmont, Philmont Training Center, Northern Tier, Florida Sea Base, or the Summit Bechtel Reserve, I have also read and understand the supplemental risk advisories, including height and weight requirements and restrictions, and understand that the participant will not be allowed to participate in applicable high-adventure programs if those requirements are not met. The participant has permission to engage in all high-adventure activities described, except as specifically noted by me or the health-care provider. If the participant is under the age of 18, a parent or guardian's signature is required.

Participant's signature: _____ Date: _____

Parent/guardian signature for youth: _____ Date: _____

**(If participant is under the age of 18)**

Second parent/guardian signature for youth: _____ Date: _____

**(If required; for example, California)**

## Complete this section for youth participants only:

### Adults Authorized to Take to and From Events:

You must designate at least one adult. Please include a telephone number.

Name: _____

Telephone: _____

Name: _____

Telephone: _____

### Adults NOT Authorized to Take Youth To and From Events:

Name: _____

Telephone: _____

Name: _____

Telephone: _____

# Part B: General Information/Health History

B

**Full name:** _____

**DOB:** _____

**High-adventure base participants:**
Expedition/crew No.: _____
or staff position: _____

Age: _____ Gender: _____ Height (inches): _____ Weight (lbs.): _____

Address: _____

City: _____ State: _____ ZIP code: _____ Telephone: _____

Unit leader: _____ Mobile phone: _____

Council Name/No.: _____ Unit No.: _____

Health/Accident Insurance Company: _____ Policy No.: _____

! **Please attach a photocopy of both sides of the insurance card. If you do not have medical insurance, enter "none" above.** !

**In case of emergency, notify the person below:**

Name: _____ Relationship: _____

Address: _____ Home phone: _____ Other phone: _____

Alternate contact name: _____ Alternate's phone: _____

## Health History

Do you currently have or have you ever been treated for any of the following?

| Yes | No | Condition | Explain |
|---|---|---|---|
| ☐ | ☐ | Diabetes | **Last HbA1c percentage and date**: |
| ☐ | ☐ | Hypertension (high blood pressure) | |
| ☐ | ☐ | Adult or congenital heart disease/heart attack/chest pain (angina)/heart murmur/coronary artery disease. Any heart surgery or procedure. Explain all "yes" answers. | |
| ☐ | ☐ | Family history of heart disease or any sudden heart-related death of a family member before age 50. | |
| ☐ | ☐ | Stroke/TIA | |
| ☐ | ☐ | Asthma | **Last attack date**: |
| ☐ | ☐ | Lung/respiratory disease | |
| ☐ | ☐ | COPD | |
| ☐ | ☐ | Ear/eyes/nose/sinus problems | |
| ☐ | ☐ | Muscular/skeletal condition/muscle or bone issues | |
| ☐ | ☐ | Head injury/concussion | |
| ☐ | ☐ | Altitude sickness | |
| ☐ | ☐ | Psychiatric/psychological or emotional difficulties | |
| ☐ | ☐ | Behavioral/neurological disorders | |
| ☐ | ☐ | Blood disorders/sickle cell disease | |
| ☐ | ☐ | Fainting spells and dizziness | |
| ☐ | ☐ | Kidney disease | |
| ☐ | ☐ | Seizures | **Last seizure date**: |
| ☐ | ☐ | Abdominal/stomach/digestive problems | |
| ☐ | ☐ | Thyroid disease | |
| ☐ | ☐ | Excessive fatigue | |
| ☐ | ☐ | Obstructive sleep apnea/sleep disorders | **CPAP: Yes** ☐ **No** ☐ |
| ☐ | ☐ | List all surgeries and hospitalizations | **Last surgery date**: |
| ☐ | ☐ | List any other medical conditions not covered above | |

# Part B: General Information/Health History

**B**

**Full name:** _____

**DOB:** _____

**High-adventure base participants:**
Expedition/crew No.: _____
or staff position: _____

## Allergies/Medications

Are you allergic to or do you have any adverse reaction to any of the following?

| Yes | No | Allergies or Reactions | Explain |
|---|---|---|---|
| ☐ | ☐ | Medication | |
| ☐ | ☐ | Food | |
| ☐ | ☐ | Plants | |
| ☐ | ☐ | Insect bites/stings | |

**List all medications currently used, including any over-the-counter medications.**

☐ **CHECK HERE IF NO MEDICATIONS ARE ROUTINELY TAKEN.**

☐ **IF ADDITIONAL SPACE IS NEEDED, PLEASE INDICATE ON A SEPARATE SHEET AND ATTACH.**

| Medication | Dose | Frequency | Reason |
|---|---|---|---|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

☐ **YES** ☐ **NO** **Non-prescription medication administration is authorized with these exceptions:** _____

Administration of the above medications is approved for youth by:

_____ / _____

**Parent/guardian signature** **MD/DO, NP, or PA signature (if your state requires signature)**

**!** **Bring enough medications in sufficient quantities and in the original containers. Make sure that they are NOT expired, including inhalers and EpiPens. You SHOULD NOT STOP taking any maintenance medication unless instructed to do so by your doctor.** **!**

## Immunization

The following immunizations are recommended by the BSA. Tetanus immunization is required and must have been received within the last 10 years. If you had the disease, check the disease column and list the date. If immunized, check yes and provide the year received.

| Yes | No | Had Disease | Immunization | Date(s) |
|---|---|---|---|---|
| ☐ | ☐ | ☐ | Tetanus | |
| ☐ | ☐ | ☐ | Pertussis | |
| ☐ | ☐ | ☐ | Diphtheria | |
| ☐ | ☐ | ☐ | Measles/mumps/rubella | |
| ☐ | ☐ | ☐ | Polio | |
| ☐ | ☐ | ☐ | Chicken Pox | |
| ☐ | ☐ | ☐ | Hepatitis A | |
| ☐ | ☐ | ☐ | Hepatitis B | |
| ☐ | ☐ | ☐ | Meningitis | |
| ☐ | ☐ | ☐ | Influenza | |
| ☐ | ☐ | ☐ | Other (i.e., HIB) | |
| ☐ | ☐ | ☐ | Exemption to immunizations (**form required**) | |

**Please list any additional information about your medical history:**

**DO NOT WRITE IN THIS BOX**
Review for camp or special activity.

**Reviewed by:** _____

**Date:** _____

**Further approval required:** ☐ Yes ☐ No

**Reason:** _____

**Approved by:** _____

**Date:** _____

# Part C: Pre-Participation Physical

C

This part must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

**Full name:** _____

**DOB:** _____

**High-adventure base participants:**
Expedition/crew No.: _____
or staff position: _____

! **You are being asked to certify that this individual has no contraindication for participation inside a Scouting experience. For individuals who will be attending a high-adventure program, including one of the national high-adventure bases, please refer to the supplemental information on the following pages or the form provided by your patient.** !

**Examiner: Please fill in the following information:**

| | Yes | No | Explain |
|---|---|---|---|
| Medical restrictions to participate | ☐ | ☐ | |

| Yes | No | Allergies or Reactions | Explain | Yes | No | Allergies or Reactions | Explain |
|---|---|---|---|---|---|---|---|
| ☐ | ☐ | Medication | | ☐ | ☐ | Plants | |
| ☐ | ☐ | Food | | ☐ | ☐ | Insect bites/stings | |

**Height (inches):**_____ **Weight (lbs.):**_____ **BMI:**_____ **Blood Pressure:**_____/_____ **Pulse:**_____

| | Normal | Abnormal | Explain Abnormalities |
|---|---|---|---|
| Eyes | ☐ | ☐ | |
| Ears/nose/ throat | ☐ | ☐ | |
| Lungs | ☐ | ☐ | |
| Heart | ☐ | ☐ | |
| Abdomen | ☐ | ☐ | |
| Genitalia/hernia | ☐ | ☐ | |
| Musculoskeletal | ☐ | ☐ | |
| Neurological | ☐ | ☐ | |
| Other | ☐ | ☐ | |

## Examiner's Certification

I certify that I have reviewed the health history and examined this person and find no contraindications for participation in a Scouting experience. This participant (with noted restrictions):

| True | False | Explain |
|---|---|---|
| ☐ | ☐ | Meets height/weight requirements. |
| ☐ | ☐ | Does not have uncontrolled heart disease, asthma, or hypertension. |
| ☐ | ☐ | Has not had an orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months or possesses a letter of clearance from his or her orthopedic surgeon or treating physician. |
| ☐ | ☐ | Has no uncontrolled psychiatric disorders. |
| ☐ | ☐ | Has had no seizures in the last year. |
| ☐ | ☐ | Does not have poorly controlled diabetes. |
| ☐ | ☐ | If less than 18 years of age and planning to scuba dive, does not have diabetes, asthma, or seizures. |
| ☐ | ☐ | **For high-adventure participants, I have reviewed with them the important supplemental risk advisory provided.** |

**Examiner's Signature:** _____ **Date:** _____

**Provider printed name:** _____

Address: _____

City: _____ State: _____ ZIP code: _____

Office phone: _____

**Height/Weight Restrictions**
If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

**Maximum weight for height:**

| Height (inches) | Max. Weight | Height (inches) | Max. Weight | Height (inches) | Max. Weight | Height (inches) | Max. Weight |
|---|---|---|---|---|---|---|---|
| 60 | 166 | 65 | 195 | 70 | 226 | 75 | 260 |
| 61 | 172 | 66 | 201 | 71 | 233 | 76 | 267 |
| 62 | 178 | 67 | 207 | 72 | 239 | 77 | 274 |
| 63 | 183 | 68 | 214 | 73 | 246 | 78 | 281 |
| 64 | 189 | 69 | 220 | 74 | 252 | 79 and over | 295 |

CONNECTICUT RIVERS COUNCIL BOY SCOUTS OF AMERICA

Last Name: _____ First Name: _____ ☐ Staff ☐ Leader ☐ Camper

Campsite: _____ Pack Troop Crew # _____ Dates Attending: _____

## Part D

**Connecticut Rivers Council Addendum to Annual BSA Health and Medical Records**

This addendum to the Annual BSA Health and Medical Records is for youths and adults who are participating in a CRC camp program. This is required to meet Connecticut Department of Public Health requirements. Please read and sign the form at the bottom of the page.

**If you disagree with any statements here, please cross out that section and initial it. Explain your wishes in the comment section, attaching an additional sheet if necessary.**

- This medical form is correct so far as I know, and the person named in Part A has permission to **participate in all camp activities** except as noted on the form by me or by the doctor in Part B.
- In case of **accident, injury or illness** while at camp, I hereby give my permission to the doctor selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery or injections of medication.
- I hereby request that the camp's Health Officer administer the **prescription and/or over-the-counter medication(s)** ordered by my child's doctor/dentist. I understand that I must supply the camp with the prescribed medication in the original container as dispensed and properly labeled by a doctor or a pharmacist and will provide no more than is appropriate for my child's camp stay. I understand that this medication will be destroyed if not picked up within one week after my child leaves camp.
- I also give permission for my child to **participate in trips** sponsored by the camp and approved by the adult/unit leader in charge. Examples of these trips are whitewater merit badge, orienteering merit badges or trips for rock climbing or mountain biking.
- I give my permission for the Camp Health Officer to administer over-the-counter medications as directed for conditions as directed by the Camp Physician. Over-the-counter medications may include **WOUNDS:** Betadine, Hydrogen Peroxide, Bacitracin, Antibiotic ointment **POISON IVY:** Tecnu, Benadryl cream **CANKER SORES:** Benzocaine cream **PAIN:** Tylonel, Ibuprofen **DYSMENORRHEA:** Ibuprofen **ABDOMINAL DISCOMFORT:** Tums, Maalox **HEADACHE:** Tylenol, Ibuprofen **HYPOGLYCEMIA:** Glucose Gel, Glucagon **ALLERGIC REACTION:** Benadryl or generic, Epipen **ATHLETE'S FOOT:** Tinactin **INSECT STING/BITE:** Benadryl Cream, Hydrocortisone cream, Caladryl or Calagel, Epipen **TICK BITES:** Alcohol or Hydrogen Peroxide **1st DEGREE BURNS:** Burn Jell, Aloe Spray **EMERGENCIES:** Oxygen. Generics may be substituted.

**This section must be signed to indicate acceptance of conditions above.**

Signature:_____ Date Signed:___/___/___
(Adults over 18 sign here. Parent/Guardian signs for camper.)

Name (print):_____

Relationship: _____

Comments:

# Authorization for the Administration of Medication by School, Child Care, and Youth Camp Personnel

In Connecticut schools, licensed Child Day Care Centers and Group Day Care Homes, licensed Family Day Care Homes, and licensed Youth Camps administering medications to children shall comply with all requirements regarding the Administration of Medications described in the State Statutes and Regulations. Parents/guardians requesting medication administration to their child shall provide the program with appropriate written authorization(s) and the medication before any medications are administered. Medications must be in the original container and labeled with child's name, name of medication, directions for medication's administration, and date of the prescription.

**Authorized Prescriber's Order (Physician, Dentist, Optometrist, Physician Assistant, Advanced Practice Registered Nurse or Podiatrist):**

Name of Child/Student _____ Date of Birth____/____/____ Today's Date____/____/____

Address of Child/Student _____Town_____

Medication Name/Generic Name of Drug_____ Controlled Drug? ☐ YES ☐ NO

Condition for which drug is being administered: _____

Dosage _____Method /Route_____ Time of Administration _____ Start Date ____/____/____ End Date ____/____/____

Specific Instructions for Medication Administration _____

Dosage_____Method/Route_____

Time of Administration _____ If PRN, frequency_____

Medication shall be administered: Start Date: _____/_____/_____ End Date: _____/_____/_____

Relevant Side Effects of Medication _____ ☐ None Expected

Explain any allergies, reaction to/negative interaction with food or drugs_____

Plan of Management for Side Effects _____

Prescriber's Name/Title _____ Phone Number (_____) _____

Prescriber's Address _____ Town _____

Prescriber's Signature _____ Date _____/_____/_____

School Nurse Signature (if applicable) _____

**Parent/Guardian Authorization:**

☐ I request that medication be administered to my child/student as described and directed above

☐ I hereby request that the above ordered medication be administered by school, child care and youth camp personnel and I give permission for the exchange of information between the prescriber and the school nurse, child care nurse or camp nurse necessary to ensure the safe administration of this medication. I understand that I must supply the school with no more than a three (3) month supply of medication (school only.)

☐ I have administered at least one dose of the medication to my child/student without adverse effects. (For child care only)

Parent/Guardian Signature_____ Relationship_____ Date ____/____/____

Parent /Guardian's Address _____Town_____State_____

Home Phone # (_____) _____-_____ Work Phone # (_____) _____-_____ Cell Phone # (_____) _____-_____

## SELF ADMINISTRATION OF MEDICATION AUTHORIZATION/APPROVAL

Self-administration of medication may be authorized by the prescriber and parent/guardian and must be approved by the school nurse (if applicable) in accordance with board policy. In a school, inhalers for asthma and cartridge injectors for medically-diagnosed allergies, students may self-administer medication with only the written authorization of an authorized prescriber and written authorization from a student's parent or guardian or eligible student.

Prescriber's authorization for self-administration: ☐ YES ☐ NO _____
Signature Date

Parent/Guardian authorization for self-administration: ☐ YES ☐ NO _____
Signature Date

School nurse, if applicable, approval for self-administration: ☐ YES ☐ NO _____
Signature Date

Today's Date _____Printed Name of Individual Receiving Written Authorization and Medication _____

Title/Position _____ Signature (in ink) _____

**Note: This form is a sample form in compliance with Section 10-212a, Section 19a-79-9a, 19a-87b-17 and 19-13-B27a(v.)**

# Medication Administration Record (MAR)

**Name of Child/Student**_____ **Date of Birth** _____/_____/_____

**Pharmacy Name** _____ **Prescription Number** _____

**Medication Order**_____

| Date | Time | Dosage | Remarks | Was This Medication Self Administered? | Signature of Person Observing or Administering Medication |
|---|---|---|---|---|---|
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | ☐ Yes ☐ No | |
| | | | | | |

*Medication authorization form must be used as either a two-sided document or attached first and second page.

☐ **Authorization form is complete**

☐ **Medication is appropriately labeled**

☐ **Medication is in original container**

☐ **Date on label is current**

**Person Accepting Medication (print name)** _____ **Date** _____/_____/____